



Suggested Packing List for HOBY Los Angeles 2018

- **Bedding** – Participants will need to provide their own bedding supplies (pillows, bedsheets, sleeping bag, etc.)
- **Bath Towels** – Participants will need to provide their own bath towels.
- **Toiletries** – shampoo, deodorant, toothbrush, toothpaste, personal care products.
- **Hair dryer**
- **Clothing**
 - Casual, comfortable clothing – shirts, shorts, jeans/long pants, etc.
 - A seminar t-shirt will be provided at check in to be worn Friday and Saturday.
 - Jacket, sweatshirt or other long sleeve shirts.
 - Dress attire for Sunday:
 - Ladies – skirts, dresses or dress pants.
 - Men – dress pants and shirt.
- **Sturdy walking shoes**
- **Alarm clock**
- **Small fan (optional)**
- **Small amount of spending money (optional – for HOBY merchandise and other items available during the weekend)**
- **Camera**
- **Water bottle**
- **Any completed pre-seminar forms or room key deposit checks that were not previously returned to us by mail (applies only to late registrants)**
- **OTC Medication as needed**

Community Service Donation Items: We will be conducting Leadership for Service projects in conjunction with community service partner organizations at the seminar. Items will be collected during check-in at the seminar.

- **Hygiene Packs for the Covenant Homeless Youth Shelter**

- We would like each ambassador to donate 4 out of the 10 travel sized toiletries (all new):
 - Zippered plastic bags: Gallon size
 - Hand Sanitizer
 - Shampoo/conditioner
 - Chapstick
 - Lotion
 - Deodorant
 - Toothbrushes
 - Toothpaste
 - Soap/body wash
 - Postage stamps

- **Project Linus: Handmade fleece blankets for critically ill children.**

- 1.5 yard pieces of polar fleece.
- Scissors.
- Cutting Boards.

Prescription Medication: If applicable, be sure to bring any prescription medication. Please bring only as much medication as will reasonably be needed during the HOBY event (4 days). Medication must be in its original container as labeled by the pharmacy. A Medication Verification Form for Physicians must be on file for all prescription medications. Please refer to the Policy for Use of Medication During a HOBY Event included in the pre-seminar materials for more information.

Who may I contact should I have additional questions? Additional questions or concerns should be directed to Erica Maxwell, Director of Operations, at **305-467-9432** or registrationla@hobyca.org.